FitTouch™ Technology

Our 15-inch, integrated LCD screen features FitTouch™, an intuitive touch screen interface that inspires users of all levels.

Secondary Data Display LCD

A secondary LCD data display works in conjunction with crossbar quick keys for continuous operation in the event of main LCD malfunction.

Nike + iPod

NIKE + iPod for the Gym

Nike + iPod allows users to save their workouts to their iPod and post them to nikeplus.com.

FEATURES	
Stride length	21"
Contact & telemetric HR sensors	Yes
Cushioned footpads	Yes
Q-factor	2.5"
Handelbar design	Multi-position dual action and ergo-bend stationary
Thumb switch controls	Yes

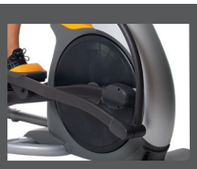
RESISTANCE SYSTEM	
Technology	Brushless Generator
Power requirements	Self Powered - Powered 100v-240v - 50/60Hz AC
Minimum watts	4 Powered / 56 Self-Powered
Minimum RPM	10 Powered / 25 Self-Powered

CONSOLE	
Display type	15" touch screen LCD
Display feedback	time, distance (kilometers or miles), calories, calories per hour, speed, rpm, heart rate, mets, watts, dyamic profile display, static profile display
User-defined multi-language display	Yes - English, German, French, Italian, Spanish, Dutch, Portuguese, Chinese, Japanese, Korean, Swedish, Finnish, Russian, Arabic
Resistance levels	25
Workouts	Manual, rolling, intervals, fat burn, random, fit test, target HR, constant watts
CSAFE, FitLinxx™ Professional Certified	Yes
On-the-fly program change	Yes
FitTouch™ Technology	Yes
Integrated Vista Clear™ digital ready television	Yes - 15" screen size
FITCONNEXION™ ready	No
Virtual Active compatible	Yes
WiFi	Yes, for Asset Management
iPod® compatible	Yes
Compatible with Nike + iPod for the Gym	Yes
Personal fan	Yes
USB Workout Tracking	Yes

TECH SPECS	
Overall dimensions	70" x 29.2" x 68.5" / 1780 x 742 x 1740 mm
Maximum user weight	400lbs / 182kg
Weight	402lbs / 183kg
Shipping weight	430lbs / 195.5kg
Electrical requirements	Self-powered/AC optional

WARRANTY	
Frame	7 years
Drive motor	5 years
Parts & labor	3 years CAP

"Made for iPod" means that an electronic accessory has been designed to connect specifically to iPod and has been certified by the developer to meet Apple performance standards.
Apple is not responsible for the operation of this device or its compliance with safety and regulatory standards.
iPod is a trademark of Apple Inc., registered in the U.S. and other countries.



Removable Disk

All Matrix Ascent Trainers® and Suspension Ellipticals feature a removable disk for quick access and easy serviceability.

Constant Rate of Acceleration

Constant Rate of Acceleration and our patented Suspension design deliver a perpetually smooth motion, free of wheels and tracks.

Suspension Design

Our patented suspension design is free of wheels and tracks, eliminating friction and resulting in the smoothest, most efficient motion possible.